

What it is:

Laser Genesis (“Lunchtime Laser”) is the most gentle of our J SPA laser procedures. It utilizes non-invasive laser technology to safely, discretely and effectively treat fine lines and wrinkles, large pores, uneven skin texture, redness, Rosacea and scars with immediate recovery and no downtime.

Ideal for all skin types, Laser Genesis stimulates collagen production by gently heating the upper dermis well below your skin’s surface to help minimize fine lines and wrinkles.

Laser Genesis is generally performed on the face, neck and cheeks and can also be used to diminish scars on other parts of the body.

Features & Benefits:

- Treats fine lines and wrinkles
- Treats redness of skin associated with Rosacea
- Treats large pores and uneven skin texture
- Helps diminish recent scars
- Immediate recovery and no downtime

Duration of Benefits:

- Laser Genesis is applied to your skin in a series of four to six sessions, spaced approximately two to four weeks apart from one another, depending on your skin type and the condition(s) being treated
- After you have completed the recommended series of treatments, you will only need to follow up once to twice yearly to maintain the beautiful results

Duration of Treatment: 30–45 Minutes

Treatment Protocol:

- Esthetic cleanse of face and neck
- Customized spa treatment ritual
- Laser procedure (approximately 30 minutes)

Candidates:

- Ideal candidates include those with fine lines, wrinkles, large pores, uneven skin texture, skin redness and scars

Contraindications:

- This procedure should not be administered to pregnant or breastfeeding (lactating) women
- Laser Genesis treatments can result in reduced hair growth. This should be considered prior to treating areas (such as over a man's beard) where reduced hair growth is undesirable

What to Expect:

- When the laser shines on the skin, patients will experience a warming sensation. Most patients find the treatments to be comfortable
- Immediately post treatment, your skin may be slightly red. This will disappear within a few hours
- Over the course of four to six treatments, Laser Genesis can help restore the skin's youthful glow and appearance by smoothing out uneven textures caused by aging, sun damage or scars

Downtime/Recovery:

- You can immediately return to normal activities as long as you utilize a sunscreen with an SPF of 25 or higher when participating in outdoor activities

Pre-treatment Guidelines:

Laser Genesis

Six to twelve months before treatment:

- Cease use of Accutane

Post-treatment Recommendations/Prescriptive Care:

Laser Genesis

- You may apply make-up immediately after treatment to help mask temporary redness and/or swelling

Daily Skincare Routine:

- When washing your face, use a gentle, **non soap cleanser** (such as Cetaphil®). You can wash as early as the evening following your treatment
- Most skin care products can be used immediately after treatment; however, avoid use of retinoids and topical corticosteroids if you are experiencing any irritation or redness
- Use a broad-spectrum sunscreen with an SPF of 25 or higher daily

Product Recommendations:

- Ask your esthetician for specific product recommendations to help maintain your results

Follow Up Visit:

- A follow up visit is generally not necessary
- **Call the office immediately if you have any unexpected problems after the procedure**

Return Visits Suggested:

Date: _____

Technician Name: _____

Notes: _____
